

October 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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2	3 10:00 Notes and Beats 1:00 Learn to Paint	4 10:00 Zumba	5	6 10:00 Zumba 6:00 Brantford Cabaret	7	8
9	10	11 10:00 Zumba	12	13 10:00 Zumba 6:00 Gender Journey 6:00 Brantford Cabaret	14 9:30 Breakfast Club	15
16	17 10:00 Notes and Beats 1:00 Learn to Paint	18 10:00 Zumba 1:00 Basic Shelf Cooking Class	19 9:00 Community Health and Wellbeing Week Open House	20 10:00 Zumba 6:00 Brantford Cabaret	21 9:30 Breakfast Club	22
23	24 10:00 Notes and Beats 1:00 Mood for Thought Education Group 1:00 Learn to Paint	25 10:00 Zumba 1:00 Basic Shelf Cooking Class	26	27 10:00 Zumba 6:00 Gender Journey 6:00 Brantford Cabaret	28 9:30 Breakfast Club	29
30	31 10:00 Notes and Beats 1:00 Mood for Thought Education Group 1:00 Learn to Paint					