

Thursday, June 2, 2022

Zumba

Date and Time: Thursday, June 2 10:00 am - 11:00 am

Address: 363 Colborne Street, Brantford ON (Community Rooms A & B)

GROUP IS CURRENTLY FULL

Join us at GRCHC for the return of our popular dance exercise class! All are welcomed!

Masks are required for group programs. Pre-registration required.

[COMPLETE REGISTRATION FORM HERE](#)

Stitch n' Chat

Date and Time: Thursday, June 2 1:00 pm - 3:00 pm

Address: 363 Colborne Street, Brantford ON (Community Rooms A & B)

A women's social group that has been active for 10 years! A great opportunity to meet new people and chat.

Please call to register.

Tai Chi

Date and Time: Thursday, June 2 5:00 pm - 5:45 pm

Address: 363 Colborne Street, Brantford ON (Community Rooms A & B)

Thursdays from 5:00-5:45pm at GRCHC!

Masks are required for group programs. Pre-registration required.

[REGISTER HERE](#)

Tuesday, June 7, 2022

Zumba

Date and Time: Tuesday, June 7 10:00 am - 11:00 am

Address: 363 Colborne Street, Brantford ON (Community Rooms A & B)

GROUP IS CURRENTLY FULL

Join us at GRCHC for the return of our popular dance exercise class! All are welcomed!

Masks are required for group programs. Pre-registration required.

[COMPLETE REGISTRATION FORM HERE](#)

Thursday, June 9, 2022

Zumba

Date and Time: Thursday, June 9 10:00 am - 11:00 am

Address: 363 Colborne Street, Brantford ON (Community Rooms A & B)

GROUP IS CURRENTLY FULL

Join us at GRCHC for the return of our popular dance exercise class! All are welcomed!

Masks are required for group programs. Pre-registration required.

[COMPLETE REGISTRATION FORM HERE](#)

Stitch n' Chat

Date and Time: Thursday, June 9 1:00 pm - 3:00 pm

Address: 363 Colborne Street, Brantford ON (Community Rooms A & B)

A women's social group that has been active for 10 years! A great opportunity to meet new people and chat.

Please call to register.

Tai Chi

Date and Time: Thursday, June 9 5:00 pm - 5:45 pm

Address: 363 Colborne Street, Brantford ON (Community Rooms A & B)

Thursdays from 5:00-5:45pm at GRCHC!

Masks are required for group programs. Pre-registration required.

[REGISTER HERE](#)

Gender Journey

Date and Time: Thursday, June 9 6:00 pm - 7:30 pm

Address: 363 Colborne Street, Brantford ON (Community Rooms A & B)

A social group for trans and non-binary adults held at GRCHC! Join in for opportunities to make new connections.

Masks required for group programs. Pre-registration required.

[REGISTER HERE](#)

Tuesday, June 14, 2022

Zumba

Date and Time: Tuesday, June 14 10:00 am - 11:00 am

Address: 363 Colborne Street, Brantford ON (Community Rooms A & B)

GROUP IS CURRENTLY FULL

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[COMPLETE REGISTRATION FORM HERE](#)

Heart Health Cooking Class

Date and Time: Tuesday, June 14 12:00 pm - 1:00 pm

Address: 363 Colborne Street, Brantford ON

Join our Registered Dietitian (RD) Melissa for some tips and tricks on heart healthy meals!

Call Melissa for more info!

Thursday, June 16, 2022

Zumba

Date and Time: Thursday, June 16 10:00 am - 11:00 am

Address: 363 Colborne Street, Brantford ON (Community Rooms A & B)

GROUP IS CURRENTLY FULL

Join us at GRCHC for the return of our popular dance exercise class! All are welcomed!

Masks are required for group programs. Pre-registration required.

[COMPLETE REGISTRATION FORM HERE](#)

Stitch n' Chat

Date and Time: Thursday, June 16 1:00 pm - 3:00 pm

Address: 363 Colborne Street, Brantford ON (Community Rooms A & B)

A women's social group that has been active for 10 years! A great opportunity to meet new people and chat.

Please call to register.

Tai Chi

Date and Time: Thursday, June 16 5:00 pm - 5:45 pm

Address: 363 Colborne Street, Brantford ON (Community Rooms A & B)

Thursdays from 5:00-5:45pm at GRCHC!

Masks are required for group programs. Pre-registration required.

[REGISTER HERE](#)

Tuesday, June 21, 2022

Zumba

Date and Time: Tuesday, June 21 10:00 am - 11:00 am

Address: 363 Colborne Street, Brantford ON (Community Rooms A & B)

GROUP IS CURRENTLY FULL

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[COMPLETE REGISTRATION FORM HERE](#)

Thursday, June 23, 2022

Zumba

Date and Time: Thursday, June 23 10:00 am - 11:00 am

Address: 363 Colborne Street, Brantford ON (Community Rooms A & B)

GROUP IS CURRENTLY FULL

Join us at GRCHC for the return of our popular dance exercise class! All are welcomed!

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[COMPLETE REGISTRATION FORM HERE](#)

Stitch n' Chat

Date and Time: Thursday, June 23 1:00 pm - 3:00 pm

Address: 363 Colborne Street, Brantford ON (Community Rooms A & B)

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Tai Chi

Date and Time: Thursday, June 23 5:00 pm - 5:45 pm

Address: 363 Colborne Street, Brantford ON (Community Rooms A & B)

Thursdays from 5:00-5:45pm at GRCHC!

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[REGISTER HERE](#)

Gender Journey

Date and Time: Thursday, June 23 6:00 pm - 7:30 pm

Address: 363 Colborne Street, Brantford ON (Community Rooms A & B)

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[REGISTER HERE](#)

Tuesday, June 28, 2022

Zumba

Date and Time: Tuesday, June 28 10:00 am - 11:00 am

Address: 363 Colborne Street, Brantford ON (Community Rooms A & B)

GROUP IS CURRENTLY FULL

Join us at GRCHC for the return of our popular dance exercise class! All are welcomed!

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[COMPLETE REGISTRATION FORM HERE](#)

Thursday, June 30, 2022

Zumba

Date and Time: Thursday, June 30 10:00 am - 11:00 am

Address: 363 Colborne Street, Brantford ON (Community Rooms A & B)

GROUP IS CURRENTLY FULL

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[COMPLETE REGISTRATION FORM HERE](#)

Stitch n' Chat

Date and Time: Thursday, June 30 1:00 pm - 3:00 pm

Address: 363 Colborne Street, Brantford ON (Community Rooms A & B)

A women's social group that has been active for 10 years! A great opportunity to meet new people and chat.

Please call to register.

Tai Chi

Date and Time: Thursday, June 30 5:00 pm - 5:45 pm

Address: 363 Colborne Street, Brantford ON (Community Rooms A & B)

Thursdays from 5:00-5:45pm at GRCHC!

Masks are required for group programs. Pre-registration required.

[REGISTER HERE](#)

<https://calendar.grandriverchc.ca>